



Virtual Learning uk Level 3 BTEC Sport



Sports Coaching &
Development

Sept 2023

www.vluk.org

Study & Play your way to success with Qualitas Academy and VLUK

If you're aged 16-18 and interested in sports coaching, then we could have the perfect course for you.

In addition to studying sport, you will have access to our professional staff and facilities in the heart of the industry, where you will have the opportunity to develop your passion for sport.

Level 3 National Extended Diploma in Sports Coaching and Development

This qualification is intended as a 2 year programme for post 16 students. It is equivalent to up to 3 A Levels and is intended for those wanting to progress directly into employment as a coach.

In addition, the breadth of content in this qualification allows learners to progress to a large variety of Higher Education and Degree level courses.

WORTH UP
TO 3 A
LEVELS

Units include:

- Health, Well-being & Sport
- Applied Coaching Skills
- Sport Development
- Sports Psychology
- Self-employment in Sport
- Nutrition for Physical Performance
- Practical Sports
- Marketing Communications

Entry Requirements

5 GCSEs at grade 4 and above
(including English and Maths).

If you have grades D/3 or below you will need to continue to study on GCSE or Functional Skills, depending on the grades you have obtained.

We provide weekly taught lessons with a specialist tutor, where students are supported in how to pass the appropriate examination, provided with feedback on completed work and guidance on how to improve.

Course Structure

A typical week for a Level 3 student is made up of 16 hours of study, with the rest of the time dedicated to work experience. Learners work alongside highly trained staff to gain relevant experience of sports coaching and PE delivery.

THERE ARE
NO EXAMS
IN THESE
LEVEL 3
QUALIFICATIONS

Progression

A substantial number of students progress to university each year. Popular undergraduate courses include Sports Science, Sports Development, PE Teaching and Sports Psychology, as well as Business and Management programmes.

Other learners progress to work or on to an apprenticeship.

Why Qualitas Sport Academy?

Qualitas Post 16 Programme is Unique, bespoke and stand alone due to the fantastic enrichment opportunities for learners/players.

The Qualitas model is unrivalled for each player/learner to gain numerous sporting qualifications across 42 different sports within Qualitas & Places for Leisure Graves.

The unique model is hence why we use "AHEAD OF MANY AT SIMILAR AGE" simply because of the enrichment opportunities to gain qualification and be EMPLOYABLE in the sporting sector..

With the classroom being based at Places for Leisure Graves, all learners have access to a swimming pool, a gymnasium and a spinning studio.

These can be used for fitness/conditioning/recovery sessions for all players which helps us to further stand out from the crowd.

The Enrichment side of the Programme is unique and unparalleled for a programme of this type. We feel passionately that for a study programme to be successful, learners need access to a high quality work placements, as well as an excellent learning environment.

Leadership opportunities are available through our 'school games' programme. This allows learners the opportunity to be involved in leading more than 50 sporting events spanning 20 different sports from Football and Netball to Water Polo and Fencing.

There is also the possibility of paid employment with both Qualitas Sport. This can range from swim teaching, coaching and refereeing to delivering PE and Sport in schools. Places for People are also able to offer paid work, including lifeguarding and fitness instructing.

OVER
95%
SUCCESS
RATE

A TYPICAL WEEK
INVOLVES A MINIMUM OF
16 HRS OF
STUDY

IN 2019 70% OF
VLUK LEAVERS
PROGRESSED TO
UNIVERSITY



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QualitasSport



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