



**QUALITAS POST 16**  
**FOOTBALL & EDUCATION PROGRAMME**  
**WELCOME PACK**

## STUDY WITH QUALITAS

The Qualitas BTEC Level 3 Extended Diploma in Sport (Football Education Programme) is a two-year course suitable for post-16 male students of all playing abilities who have a keen interest in developing an insight into the sport industry.

Based at Graves Leisure students will study in purpose-built classrooms and facilities, creating a perfect learning environment to thrive within.

Alongside the academic studies, where 15 sports related units will be covered, students will train and play on a weekly basis, representing Qualitas in the Regional College League & against Academy professional clubs in friendly fixtures, aiding the courses uniqueness.

Qualitas are passionate about enhancing students' employability skills, which is why students have access to work experience within Qualitas.

These opportunities include **Participating and leading over 50 sporting events across 20 different sports, ranging from football and netball to water polo and fencing.**

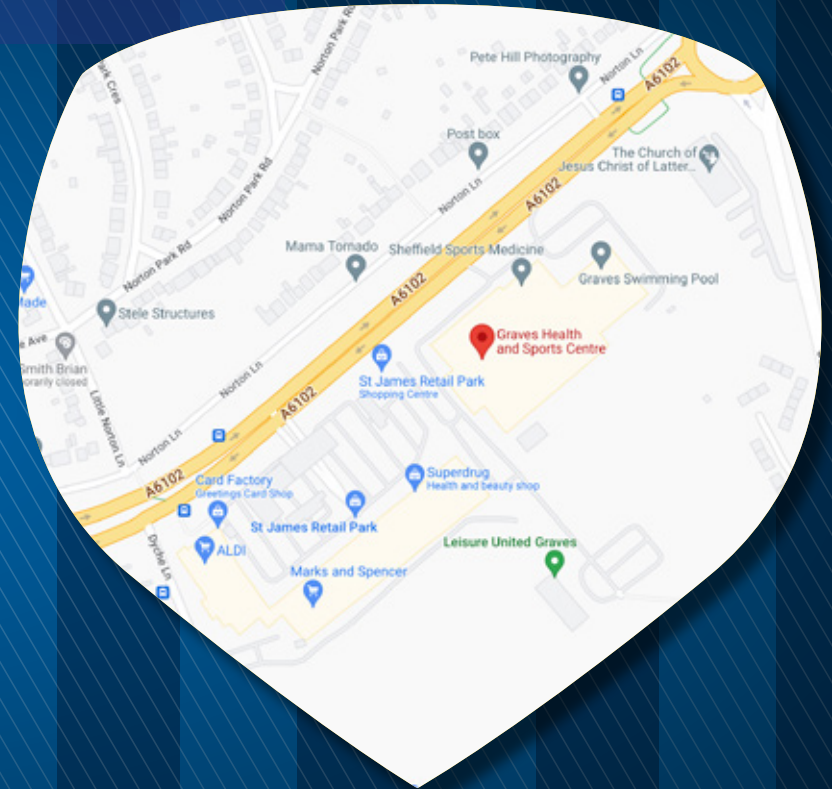
# QUALITAS POST 16 Football & Education Programme

## COLLEGE SITES AND FACILITIES

Our Post 16 Football & Education programme will run from 1 site, Graves Health & Sports Centre and Leisure United Graves, S8 8JR.



Students will have access to purpose built classrooms and excellent facilities, including fitness suite, swimming pool and spin studio.



**Bus Route:** The number 75 goes direct from Sheffield Interchange. The facility is a 3 minute walk from the bus stop.

## MEET THE TEAM

### Luke Ansell

Education and Enrichment tutor  
Luke.ansell@qualitassport.co.uk



Studied BTEC level 3



Played academy football  
at SUFC 14-16



Sheffield Hallam University



Worked in fitness/leisure



Worked in PE/sport for 11 years



## MEET THE TEAM

### John Knapper

Post 16 Scholarship Manager

[John.knapper@qualitassport.co.uk](mailto:John.knapper@qualitassport.co.uk)



35 years of Football experience.



Played at Elite level



Extensive Coaching Philosophy



Premier League/EFL experience



Professional contacts across all levels



## ABOUT THE COURSE

### **BTEC Level 3 National Extended Diploma in Sports Coaching and Development**

This qualification is intended as a 2 year programme for post 16 students. It is equivalent to up to 3 A Levels and is intended for those wanting to progress directly into employment as a coach. In addition, the breadth of content in this qualification allows learners to progress to a large variety of Higher Education and Degree level courses.

#### **Opportunities:**

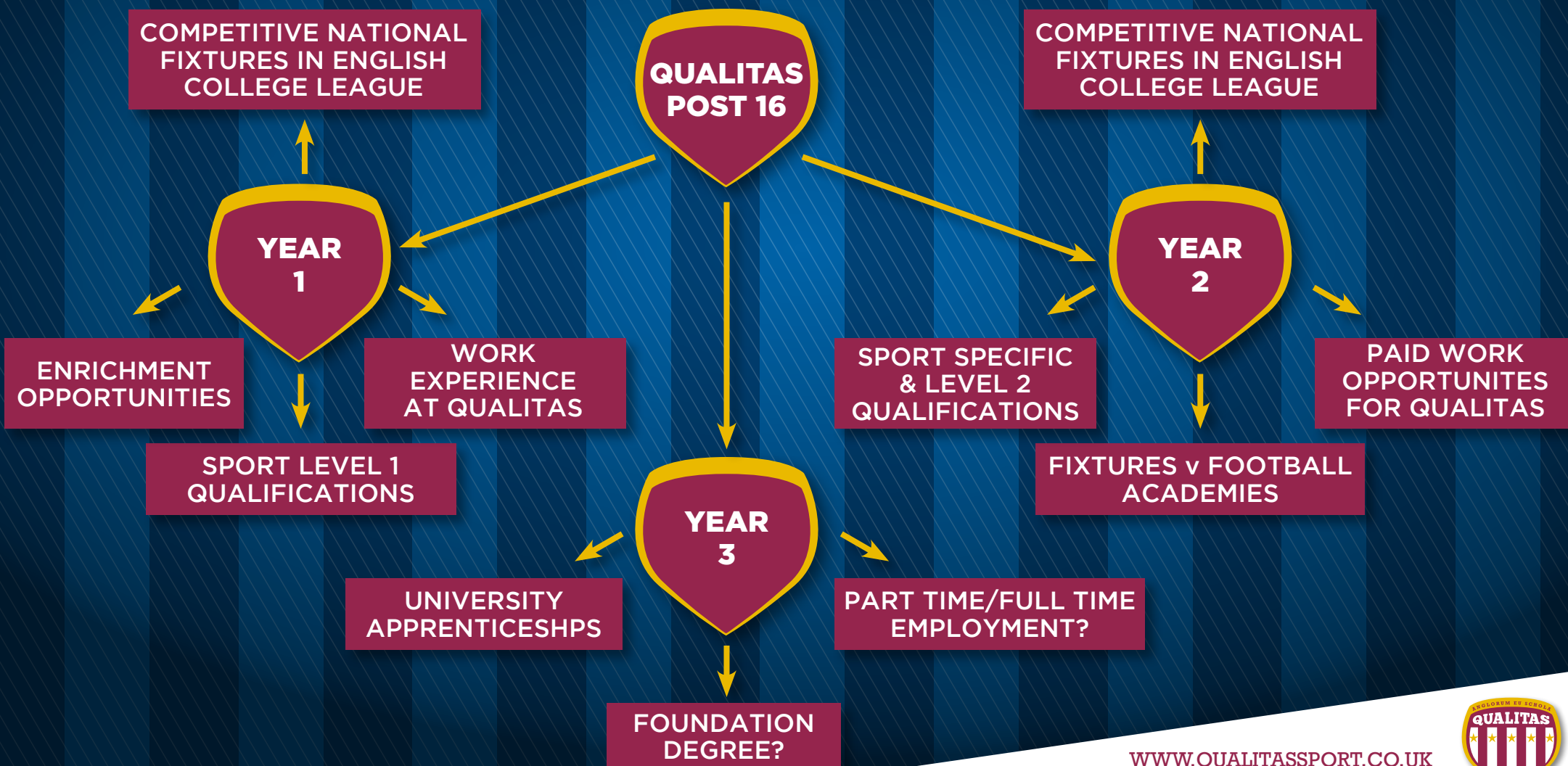
-  Health, Well-being & Sport
-  Applied Coaching Skills
-  Sport Development
-  Sports Psychology
-  Self-employment in Sport
-  Nutrition for Physical Performance
-  Practical Sports
-  Marketing Communications

**Course Structure:** A typical week for a Level 3 student is made up of 12-15 hours of study, with the rest of the time dedicated to work experience and football training. Learners work alongside highly trained staff to gain relevant experience of sports coaching and PE delivery.

**Progression:** A substantial number of students progress to university each year. Popular undergraduate courses include Sports Science, Sports Development, PE Teaching and Sports Psychology, as well as Business and Management programmes. Other learners progress to full time work or on to an apprenticeship.

# QUALITAS POST 16 Football & Education Programme

## QUALITAS PATHWAY



## FOOTBALL/EDUCATION PROGRAMME

### ACADEMIC QUALIFICATION

BTEC Level 3 Extended Diploma in Sport (NQF)

Date: September 2023

Prerequisites

A minimum of five 9-4 (A\*-C) grades at GCSE, including English and maths (or equivalent)

A keen interest towards playing regular football

A commitment to follow high standards and expectations in a professional environment

### CONTENT

Study a nationally recognised qualification equivalent to three A-Levels

12-15 hours of education per week Three training sessions per week

Strength & conditioning, analysis and recovery sessions included

Primarily assessed through weekly coursework with some exams

Practical training sessions led by 'UEFA' qualified coaches

### EXIT ROUTES

- Semi/professional football contracts
- Apprenticeships in the sports industry
- University or American scholarships
- Job opportunities within Qualitas
- Job opportunities within the sport and leisure industry



## FOOTBALL PROGRAMME

### A TYPICAL EDUCATION WEEK:

**Monday: Training session**

**Tuesday: Training session**

To include match day preparation

**Wednesday:**

Competitive Game

**Thursday:**

Recovery/Conditioning

**Friday: Day off**

Study or opportunity to work

All sessions and games will be structured and ran by 'UEFA' qualified coaches.



Qualitas Football programme be unique and deliver the same training model used by Academy EPPP Professional Clubs (*blocks of learning*) and focus on Player Development FA 4 Corners



## EDUCATION PROGRAMME

### A TYPICAL EDUCATION WEEK:

#### **Monday: Education**

12.30pm to 4.30pm

#### **Tuesday: Education**

12.30pm to 4.30pm

#### **Wednesday:**

Competitive Game

#### **Thursday: Education**

12.30pm to 4.30pm

#### **Friday: Day off**

Study or opportunity to work

### Additional Qualifications:



Functional skills/GCSE's



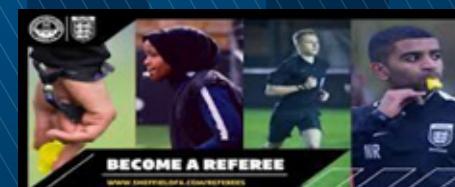
FA Level 1 qualification



FA Referees qualification



Work Experience within Qualitas



### Extra courses we can provide:

Lifeguarding, Gym,  
Trampolining & Swimming

FOOTBALL EDUCATION PROGRAMME

# QUALITAS POST 16 Football & Education Programme

## BENEFITS:



Creating platform for sport coaches



Building sporting portfolio



Qualifications for future life



Paid work while learning



Potential full time work



Flexible '0' hour contracts work while at university



# **CEDE NULLIS**

**“NEVER GIVE IN”**



**QUALITAS SPORT**

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